E-ACT MANSFIELD GREEN ACADEMY

PHYSICAL EDUCATION

LONG TERM CURRICULUM OVERVIEW

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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | Movement and Travel | Ball Skills | Creativity | Ball Skills | Object control | Multi Skills |
| Body Management | Speed and Travel | Yoga | Manipulation and Coordination | Sports Day Prep | Assessments / Gaps |
| Year 1 | Multi Skills  Agility, Balance, Coordination (ABC) | Gymnastics  ABC’s | Dance  Control | Multi Skills  ABC’s | Athletics / Games  ABC’s | Invasion Games  Tactics |
| Yoga  ABC’s | Ball Skills  Coordination | ABC Games | Yoga  ABC’s | Sports Day Activities / Prep | Games  Tactics |
| Year 2 | Multi Skills  ABC’s | Gymnastics  ABC’s | Dance  Control | Invasion Games  Tactics | Athletics / Games  ABC’s / Tactics | Striking / Fielding / Retrieving  Tactics |
| Yoga  Balance. Coordination | Ball Skills  Run. Jump. Throw. Catch | ABC Games | Yoga  Balance. Coordination | Sports Day Activities / Prep | Games  Tactics |
| Year 3 | Multi Skills  Combination / Isolation | Gymnastics  Flexibility. Strength. Balance | Dance  Control | Invasion Games  Tactics | Striking and Retrieving  Comb. Iso. Tactics | Athletics  Combination / Isolation |
| Yoga  Flexibility, Strength, Balance | Ball Skills  Combination / Isolation | Netball / Basketball  Modified Games - Tactics | Games and Races  Modified Games | Swimming | Swimming |
| Year 4 | Multi Skills  Combination / Isolation | Gymnastics  Flexibility. Strength. Balance | Dance  Control | Invasion Games  Tactics | Striking and Retrieving  Comb. Iso. Tactics | Athletics  Combination / Isolation |
|  | Yoga  Flexibility, Strength, Balance | Ball Skills / Netball / Basketball  Combination/Isolation & Tactics | Swimming | Swimming | Swimming | Swimming |
| Year 5 | Tennis  Modified Games - Tactics | Gymnastics  Flexibility, Strength, Balance | Dance  Control | Invasion Games  Tactics | Striking and Retrieving  Comb. Iso. Tactics | Games / Athletics  Combination / Isolation |
| Swimming | Swimming | Swimming | Swimming | Dodgeball & OAA Challenges | Games  Modified Games |
| Year 6 | Tennis  Modified Games - Tactics | Gymnastics  Flexibility, Strength, Balance | Dance  Control | Invasion Games  Tactics | Striking and Retrieving  Comb. Iso. Tactics | Games / Athletics  Combination / Isolation |
| Swimming | Swimming | Games  Modified Games | Dodgeball  Modified Games - Tactics | Dodgeball & OAA Challenges | Games  Modified Games |